



# GLENDALE REVIEW

November 2011

## Glendale Public School

24 Farnham Avenue  
Welland ON, L3C 3R1

*Telephone:*

905-735-5213

*Fax:*

905-735-2231

*Email:* [gln@dsbn.org](mailto:gln@dsbn.org)

*Web:*

[Glendale.dsbn.org](http://Glendale.dsbn.org)

PATRICE JOHNSON

Principal

905-735-5213

SUE GREER

Superintendent

905-641-1550

SUE BARNETT

Trustee

905-228-3132

It's November already! The past two months have been simply delightful for me. Thank you for the warm welcome. Thanks too for your patience as I grapple with the things I don't know yet.

This year, our school focus will continue to include all teachers engaging their students in critical thinking tasks and there will be a focus on assessment for, as and of learning. All students will be able to articulate answers to three questions: "What are you learning?", "Why are you learning it?", and "How do you know how well you did?" We know the students are able to answer the first two questions and encourage you to also ask them these questions at home. However, please note that the third question is the more difficult one that we continue to strive towards having all students understand and be able to answer. Part of our focus will be that teachers will be giving students specific feedback on their assignments to improve their work and know exactly what they have to do to improve. We know that teaching children to be effective problem solvers and deep thinkers is an important skill for today's children.

We continue to look for volunteer readers who can come in regularly to support your children in their reading and give them the opportunity to read on a daily basis. With the support of our great teaching staff, your continued home support and our community support, I know we can achieve our goals. Together, your School Council and myself will keep you updated on what is occurring around our school achievement focus as we proceed throughout the year.

Please remember to check Glendale's website! There you will find our newsletter, calendar, forms and other school information and links. The website is [Glendale.dsbn.org](http://Glendale.dsbn.org)

Yours in education,

Mrs. Patrice Johnson  
Principal

## PROGRESS REPORT CARDS

Again this year, all Ontario students in Grades 1 through 8 will bring home provincial report cards, starting with a Progress Report on November 15<sup>th</sup>. The changes which were implemented last year are part of the Growing Success Document - the government's updated policy on the assessment, evaluation and reporting of student achievement. The purpose of assessment and evaluation is to improve student learning. Parents play a critical role in student achievement and it is important they have easy access to information about the Growing Success policy and its impact on the assessment, evaluation and reporting of student achievement. We encourage you to visit the Ministry website to view this document. If you do not have access to the internet, please come in and use ours. Parent teacher interviews for Senior Kindergarten students, as well as Student-Led Conferences for those in Grades 1 through 8, will be on Thursday, November 17<sup>th</sup> from 3:30 until 7:00 p.m. Forms will be sent home soon to arrange appointments for you and your child to share their portfolio and discuss their progress.

*"Proudly Soaring toward success with Spirit, Strength & Responsibility"*

## EQAO TESTING

We have received our EQAO scores for students who took the provincial assessment in May of 2011. In the comparison chart below you will note why we are so proud of our students and teachers.

Grade	Reading			Writing			Math		
	Our Schl	Our Board	Prov	Our Schl	Our Board	Prov	Our Schl	Our Board	Prov
3	65%	67%	65%	80%	73%	73%	75%	67%	69%
6	77%	76%	74%	77%	72%	73%	46%	57%	58%

The teachers have been working on finding ways to support students as they soar toward achieving even higher success. Stay tuned for next month's update on our progress.

## THANK YOU

A thank you also goes out to Grade 7/8 students for organizing and distributing our pizza lunch which is available every Tuesday!

A special thank you to Mr. Villella for taking time to regularly update our events posted on our school sign!

A special thank you to all parents who call in when their child is absent or significantly late. We are required to ensure the safety of every student every day and your co-operation is very much appreciated! It is also very helpful, when students are ill, for parents to let us briefly know the types of symptoms they are experiencing as we must report this information to the health department during times of high absenteeism. Our answering machine is available 24/7. Never hesitate to leave a message.



## REMEMBRANCE DAY

On Thursday, November 11<sup>th</sup> at 10:40 a.m. there will be an assembly to help our students understand the significance of this special day. It is important that we take time to reflect and renew our appreciation for the privilege of living in such a peaceful country as Canada. Poppies will be provided for each student prior to the assembly. If students wish they may give a small donation to the Royal Canadian Legion for their poppy. Parents are welcome to attend. During this assembly, all staff will participating in the ceremony, so the telephone and door will not be answered. Ms Robinson will be at the back door of the gym if you want to join us or need other assistance. Please try not to arrive during the two minutes of silence at 11:00 a.m.

## SCHOLASTIC BOOK FAIR

The Scholastic Book Fair is coming to our school once again! We invite you to share in this celebration of reading and books with us. Our Book Fair will have the newest and latest titles - both FICTION AND NON-FICTION!!!! The Book Fair dates and times are as follows:

- Monday, November 14 - Book Fair is delivered to our school.
- Tuesday, November 15 - 9:00 a.m.- 3:30 p.m
- Wednesday, November 16 - 9:00 a.m.- 3:30 p.m
- Thursday, November 17 - 9:00 a.m.- 3:30 p.m and 4:00 p.m - 7:00 p.m (we will be open during Student-Led Conferences)
- Friday, November 18 - 9:00 a.m.- 12:00 p.m

If you are available or know someone who is available to volunteer to help with the set up and sales with the book fair please contact Mme Moccia at the school (905-735-5213). Thank you very much for your support!

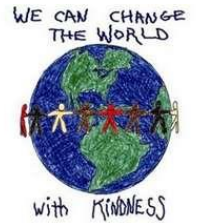


## DONATIONS

One of our goals is to increase and maintain the up-to-date material in our library collections of books and resources. We have two suggestions for you. In lieu of staff gifts to celebrate special occasions or holidays, you may want to purchase a picture book or novel from a series as a donation to the library. To celebrate a child's birthday, a book may also be purchased and placed in our library. On either occasion, a label would be added to the book to explain the date, the occasion and who was honoured. We hope you will consider these suggestions throughout the school year. We wish to increase our library collection, encourage literacy in our school and make our students proud of their honourarium!

## RANDOM ACTS OF KINDNESS

Random Act of Kindness Day takes place on Friday, November 4, 2011. Last year, the DSBN circulated over 4500 cards across the Niagara Region to highlight the positive effects of being kind to others. Glendale students in Grades 1 through 8 will all receive Random Acts of Kindness cards this year to spread kindness through the school and our community at large. Further information regarding Random Act of Kindness can be obtained by visiting <http://www.niagaracommunityfoundation.org/rak.html>



## NUTRITION BREAKS AT GLENDALE

The majority of our students remain at school to eat lunch every day. All students are reminded about polite eating manners and are expected to follow the simple rules for eating lunch in their classrooms:

- ✓ Stay in your own seat and do not leave the room without permission.
- ✓ Eat your food politely.
- ✓ Throw garbage out when the bell rings, use the washroom quickly if necessary, and dress to go outside.

Please review the above with your child, and do your best to send litterless lunches. Thank you to all students for not eating snacks outdoors because of the “yellow jackets” (wasps) and other pests.

We are investigating the possibility of adding compost bins at Glendale.

## SAFETY IS A PRIORITY!!!

We want to continue to ensure the safety of every student at Glendale Public School. Your co-operation is greatly appreciated. Please be sure you enter through the **MAIN ENTRANCE** of the school. Please, please, please check in and sign in at the office. All visitors, which include parents and volunteers, must wear a visitor tag. All school doors are locked between 8 am and 4 pm. Kindly face the camera located just above the door bell button; this will help identify us our friends.

For the safety of our students, we would ask that parents refrain from meeting their children in the hallways after school. The congestion in the halls makes it nearly impossible to recognize approved visitors from strangers. Please wait for your child outside their assigned exit doors. Thank you for your co-operation.

We ask for the same consideration when students enter school at 8:50. Please allow your child to line up and enter with their classmates. Our halls are narrow and many children are trying to put their belongings into their lockers at the same time. By saying your good-byes outside the entry doors, it alleviates congestion and it also promotes and develops independence in your child.

These procedures are in no way meant to frustrate anyone. They are DSBN recommended policies to keep our students safe. You are always welcome to meet with your child’s teacher. We only ask that you pre-arrange a time.



## STUDENT ARRIVAL

Some students not participating in sports practices in the early morning have been observed arriving as early as 7:45 a.m., unsupervised. For safety reasons, students should not arrive at school any earlier than 8:35 a.m. when staff supervision begins.

## INCLEMENT WEATHER PROCEDURES

There may be times during the school year where inclement weather or other situations could cause transportation cancellations or school closures.

At times when student transportation has been cancelled and schools remain open, the decision of whether or not to have children in school on that day rests with the parent or guardian.

**Should you decide not to send your child to school in the event that transportation is cancelled but schools remain open, or if your child is ill or late, please ensure that you call your child’s school to inform them of your child’s absence.**

A key resource in any emergency is the DSBN Emergency Information form that you filled out at the beginning of the school year. Please let the school know of any changes in contact information or procedures you wish to be followed throughout the school year. Information about transportation cancellations and school closures will be available as soon as it is available through the following venues:

**Websites:** [www.dsbns.org](http://www.dsbns.org) [www.nsts.ca](http://www.nsts.ca)

**Subscription Features:** DSBN Facebook or Twitter NSTS Transportation Delay or Cancellation Alerts

**Phone:** Niagara Student Transportation Services 905-346-0290 Voice Auto Attendant

**Radio Stations:**



CKTB (610 AM) St. Catharines	CHRE (105.7 FM) St. Catharines
WAVE (94.7 FM) Hamilton	CHTZ-FM (97.7 FM) St. Catharines
CKOC (1150 AM) Hamilton	CKEY (105.1 FM) Niagara Falls/Fort Erie
CHML (900 AM) Hamilton	K-LITE-FM (102.9 FM) Hamilton
CHAM (820 AM) Hamilton	GIANT FM (91.7 FM) Welland
Y-108(107.9) Hamilton	

**Television Stations:**

CHCH – Hamilton	CityTV Breakfast Television - Toronto
CTV Toronto	Cogeco Channel 10

**COMMUNICATION MATTERS** Smart Talk From DSBN Speech- Language Pathologists

Some children may have difficulty answering certain types of questions. By changing the way you ask a question, you may get a better response. Try these suggestions:

**Ask short, clear, and direct questions.** Use simple grammar and ask for one idea at a time. Instead of “what happened at school today?”, ask “what was the best thing that you did today at school?”; “what did you do in gym?”, etc.

**Give your child enough time to respond.** Show you are interested in what your child has to say. Look at your child, nod your head and make comments. Recognize that some children take longer than others to compose their response. Wait for an answer to one question before asking another. Continue to keep eye contact while you wait.

**Use different kinds of questions to give your child opportunity to answer with different levels of information.** If you want short, factual answers, use questions such as yes/no, multiple choice, how many?, who?, what? and when?. For an interpretation or an evaluation, ask questions such as how?, what if?, what do you think?, why? or what makes you say that?

**Rephrase a question.** If your child doesn’t answer, model the type of response you are looking for. Your child may respond better to a directive instead of a question. For example, “I had an interesting day at work. We had a visitor....., tell me about your day.”

**JOIN THE CONVERSATION**

What are your dreams for your future? What are your fears?

**Tuesday, Nov. 15  
7 to 8:20 p.m.  
Glendale Public School**

*This is a special conversation for youth. We encourage youth and individuals of all ages to attend!*

This special conversation focuses on what we can learn from our children's ideas about the future. Today is very different from only 10 years ago, and the world will be even more complex in the next 10 years. In this conversation, we want to hear from young people and other interested parties about key concerns and dreams for the future and the planet. In this public conversation we ask youth and their allies: What are your fears about the 21<sup>st</sup> century? What are your dreams for yourself and the world?

**PIZZA LUNCHES**

The orange Pizza order form includes the following dates:

**Tuesday, November 1**

**Tuesday, November 8**

**Tuesday, November 15**

These are the dates you paid for when you pre-ordered. A new pizza order form will be sent home, and will be on the website, by Friday, November 11, and will be *due Friday, November 18.*

## CHARACTER EDUCATION

We have had a great start to our character education program. Each class will take a turn to plan and perform during an assembly that teaches our students the various character traits set out by the DSBN. Our students have thus far become familiar with the traits "Respect" and "Responsibility". At our last assembly we introduced the character trait "Integrity" which will be our focus for the months of November.

GLENDALE PUBLIC SCHOOL

**R** is for RAISING YOUR HAND

**E** is for ENVIRONMENT. Show respect for the ENVIRONMENT.

**S** is for SHARING. Show respect for others by sharing.

**P** is for POLITE. Show respect for yourself and others by being polite.

**E** is for EVERYONE. Everyone matters and everyone deserves respect.

**C** is for CARING for yourself.

**T** is for TEAMWORK. Show respect!

GLENDALE PUBLIC SCHOOL

R E C I P E

for

**RESPONSIBILITY**



1 CUP OF THINK BEFORE YOU TALK

1 CUP OF THINK BEFORE YOU ACT

1 CUP OF BE A GOOD EXAMPLE

1 CUP OF FIX YOUR MISTAKES

1 CUP OF CLEAN UP YOUR OWN MESSSES

1 CUP OF DO YOUR JOBS WELL

1 CUP OF ONLY DO GOOD THINGS

1 CUP OF THINK OF WAYS TO HELP OTHERS

1 CUP OF ALWAYS DO YOUR BEST

1 CUP OF KEEP TRYING

1 CUP OF FINISH YOUR WORK BEFORE YOU PLAY



BE RESPONSIBLE

GLENDALE PUBLIC SCHOOL

has

I N T E G R I T Y

Trustworthy

Do the right thing even in TOUGH SITUATIONS

Honesty



Genuine

OUR ACTIONS MATCH  
OUR WORDS!

## ROB'S RUN FOR ROTARY

On October 19, a fair number of students joined Mrs. Johnson and participated in Rob's Run for Rotary as part of the Glendale Public School Team. This event was an opportunity to enjoy some fresh air and exercise as a team at Merritt Island. We certainly enjoyed our time representing Glendale Public School. Thank you to our team members and the parents who came out to support them.

## HOT LUNCHES

*The Lunch Connection* has merged with the larger school hot lunch people, **THE LUNCH LADY**. We have been advised that they will be in a position to start delivering hot lunches by mid-November. Please watch for more details to come home soon. We will hopefully be able to have hot lunch days on Thursdays again this year.

## MILK DRAW WINNERS

Congratulations to the following students who were our Milk Draw Winners for the month of October: Samuel J, Jaydn S, Dakota D, Hanah L, Ryan L, Isaiah P, Dalton B, Kyle S-T, Cita J, Ethan P, and Nolan R.



### **NOVEMBER NEWSLETTER DRAW**

The winners of the September newsletter draw were Ariella D, Griffin & Nalea L, Keira C, and Mitchell & Matthew W, entitling them to a free pizza from Colombo's Pizzeria. Fill in the answers to the following "skill-testing" questions, then hand into your teacher who will ensure it is placed in the draw box at the office for a prize.

What is Remembrance Day? \_\_\_\_\_

When are Student-Led Conferences? \_\_\_\_\_

Name(s): \_\_\_\_\_

#### ***Newsletter Questions and Answers***

Do you have any questions about the school or curriculum that you would like to see answered in our newsletter? If so, send it in with the newsletter draw form and we will do our best to provide the answer in next month's edition.

---

---

---

Sponsored by your *Tim Hortons* local stores

Please Support The  
**2011 Community  
FOOD DRIVE**

Convassors will be going door to door, starting at 10:00 a.m.  
from Auberge Richelieu, River Road, Welland  
Food can be left outside by door. Non-perishable items please.

*Most Needed Foods:*

Cereal, Peanut Butter, Canned Fruit, Tuna,  
Canned Meat, Canned Stew,  
Canned Vegetables, Pork and Beans,  
Canned Pasta, Dry Pasta, Pasta Sauce,  
Rice, Kraft Dinner



**Saturday, November 5, 2011**



**Tribune**

Contact: [www.wellandfooddrive.com](http://www.wellandfooddrive.com) 905-714-9151

Email: [contact@wellandfooddrive.com](mailto:contact@wellandfooddrive.com)



More Info @ [www.artgalleryofwelland.ca](http://www.artgalleryofwelland.ca)

# The Art Gallery of Welland



**Programs Location: Downtown Welland in "The Church House"**  
 Central United Church, 12 Young St. (at King St.), Welland, Ontario—beside Early Years.

## SATURDAY ART & CRAFT CLASSES for CHILDREN!




Ages	Wee Wuns (3 to 6 yrs-6)	Grade 1 + 6-9 yrs	9-12 yrs
Time	9:00 a.m. - 10:30 a.m.	11:00 a.m. - 12:30 p.m.	1:30 p.m. - 3:00 p.m.
<b>EARLY FALL</b>	<i>Our Wee Theme:</i> <b>Once Upon A Story!</b> <i>Have an ENCHANTED time exploring your favorite fairy tales &amp; more with art!</i>	<b>SCULPTING FUNDamentals</b> Students will learn the basics of sculpture while producing at least 1 work of art for everyone to enjoy. Clay, Paper, Mache, Marbles & more.	<b>Anime-Cartoons</b> Sharpen your cartooning skills with pencil, chalk, oil pastel and more while studying the styles of Japanese & inspired cartoons like Pokemon, Yogi and more.
<b>SEPT 10th to Oct 29th, 2011</b> **No Class Oct 15th, 2011**			
<b>LATE FALL</b>	<i>Our Wee Theme:</i> <b>JUMPIN' JUNGLE</b> <i>Adventure your way into artwork inspired by animals of the clay, canvas, card &amp; illustrated, found in the jungle! Monkeys, snakes, tigers &amp; more!</i>	<b>Paintastic!</b> Brush away and explore with paint as we discover the basics and what's beyond! Acrylic, tempera and watercolor.	<b>Intermediate Sculpture</b> This course focuses on skill development and is a must for any student serious about art. Enhance your techniques while producing beautiful artwork! (Clay, paper mache, mixed media)
<b>November 5th to December 17th, 2011</b>			
<b>WINTER</b>	<i>Our Wee Theme:</i> <b>WEE Sparty TYKES!</b> <i>Artistically explore some of our favorite sports like Hockey, Soccer, Football &amp; more!</i>	<b>LOONEY 4 CARTOONIES!</b> The secrets to creating great cartoons are revealed. Improve your cartooning skills with drawing techniques, studying some of the favorites!	<b>PEOPLE / FACES / FIGURES</b> A beautiful drawing course. Time of just making stick figures? Come join us and learn the techniques to creating people - you - outdoors! <i>Drawing/Painting/Sculpture</i>
<b>January 14th to February 25th, 2012</b>			

### ABOUT OUR CLASSES

Through fine motor skill development, theme learning, art concepts and techniques, our focus is to assist your child in taking a step ahead of their classmates.

### The A G W Certificate Programs

 LOOK for this symbol for required courses! Call for more INFO!

### REGISTRATION

#905.356.1514

Saturday Classes Cost \$75/child

- 7 weeks \* ALL MATERIALS SUPPLIED
  - Free AGW Certificate Program registration!
- Ask Us How!

Please PRE-REGISTER by phone; space is limited and fills fast!  
 REGISTRATION FORMS AVAILABLE @ [www.artgalleryofwelland.ca](http://www.artgalleryofwelland.ca)

# BODY

BULLETIN  
CANADA



A wellness publication for the employees of the District School Board of Niagara

NOVEMBER 2011

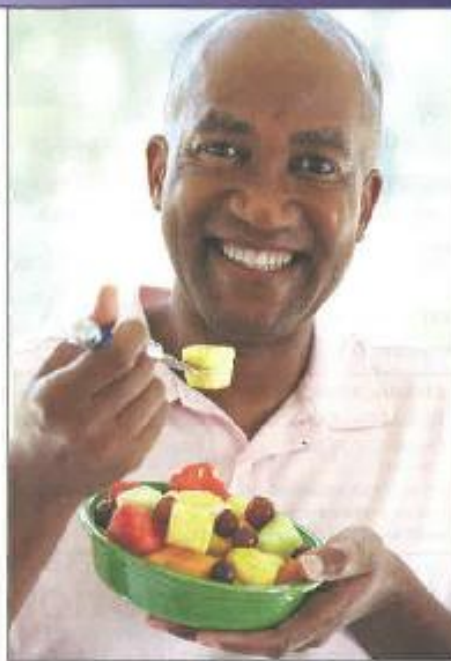
## SUGAR: Five Sweet Ways to Cut Back

**K**ids love it, dentists hate it, and Canadians consume too much of it — about 63 grams of sugar daily from prepared or packaged foods. This accounts for more than 12 percent of calories a day (based on 2,000 calories); it should come as no surprise then that sugar is the No. 1 food additive in Canada.

Sugar may be a key factor in metabolic syndrome, a condition that is believed to increase the risk for diabetes, heart disease and maybe even cancer.

Replacing some of the sugar in your diet with more nutritious foods is undoubtedly a good idea.

- 1 Instead of soft drinks**, drink water or sparkling water with lime or a splash of fruit juice.
- 2 Eat fewer processed foods** and more whole foods, such as vegetables, legumes, fish and whole grains. Note the list of ingredients on food labels. They're listed in order of importance. If sugar is listed first or second (likely very high in sugar), double-check the calories and



grams per serving. Sugar may also be called glucose fructose, corn syrup or glucose on ingredient lists.

- 3 Save baked goods** and desserts for special occasions. Instead, try naturally sweet fresh fruits or fruit canned in unsweetened fruit juice (not syrup).
- 4 Buy only unsweetened, 100 percent fruit juice.** Whole fruit beats juice any day for a healthy, sweet treat.
- 5 Enhance flavour** with spices such as cinnamon, ginger, nutmeg and cloves, or with extracts of maple, coconut, chocolate or banana instead of sweeteners.

### HEALTH NOTES

◆ **Recent medical research suggests that if you have a family member who had cancer before age 50, you would benefit from early screening.** Breast, prostate and colon cancer in the family can raise your risk two to six times — but early and regular screening can save lives.

— Zoraa Patel, MD

◆ **Heal your heels.** The dry air in colder months can lead to dry skin and a condition called cracked heels or heel fissures. Other contributing factors include prolonged standing, obesity and certain skin conditions such as psoriasis. You can often prevent cracked heels or treat them in the early stages by using a moisturizer that contains a humectant such as urea, salicylic acid or alpha hydroxy acids. If you don't see improvement within a week, consult a podiatrist.

◆ **Heart attacks in women present different symptoms than they do in men.** Warning signs may include shortness of breath, weakness and excessive fatigue. Nausea, dizziness, lower chest discomfort, upper abdominal pressure or back pain may also occur. If you think you might be having a heart attack, tel emergency staff — sometimes even the experts can miss the signs.

### INSIDE

DEPTING TEST 1.5 | EMOTIONAL EATING | STRENGTHEN YOUR BONES  
COLD WEATHER SAFETY | WORK ON YOUR HEALTH: FRANCE, SPAIN AND PORTUGAL

Smart moves for reaching your personal best are at [www.personalbest.com/act-as/CanadaNov/11/lan](http://www.personalbest.com/act-as/CanadaNov/11/lan)